



WARGRAVE
BIG LOCAL

Building a better Wargrave together.

Summer Edition 2017

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WARGRAVE BIG LOCAL A NOTE FROM THE CHAIR LOUISE FORSHAW



Welcome to the Summer edition of the Wargrave Big local newsletter, on the Big Local Partnership we have been very busy during the Spring getting some new projects off the ground, as well as encouraging our current projects, seeing them grow and helping lots of Wargrave residents.

As always we seek residents views through our regular events, as such we welcome you to attend our Summer BBQ event on Saturday 1st July from 2pm-6pm at Newton Community Centre, there will be lots going on plus free burgers for everyone, and free goody bags when you complete a questionnaire!

We have welcomed on board two new employment projects, one is a Sector Based project that will hold a number of employment one-day events throughout the year along with guaranteed interviews. The other is a Work Ready programme, and we welcome Margaret Mullen as our career coach based at Newton Community Centre every Monday and Wednesday, just call in for 1:1 help and advice. More details about these and all of our projects can be found in this newsletter. One of our great success stories is our Job Club which runs every Tuesday, and we have now introduced a

second Job Club every Thursday afternoon, both at Newton Community Centre, again just call in for help and information, it's truly great to see so many Wargrave residents benefiting from these locally held projects.

We continue to award grants through our Community Chest scheme, details about how to apply are on page 4, a recent award was for an anti-social behaviour project involving young people getting off the streets and taking part in sports activities, its been a great success and more details about this project are on page 2.

Details of how to get in touch are on the back page of this newsletter, and as always if you would like to join the Big Local committee we would like to hear from you.

Finally, if you have collected a free packet of wildflower seeds from the community centre don't forget to send us your photos of them in bloom, you may win a prize!



LOTTERY FUNDED

Focus On Employment

Wargrave Big Local are funding lots of Employment projects to help get you into work, these include Job Clubs held twice a week on Tuesday and Thursday afternoons, as well as Work Ready and Sector Based programmes:

Free courses to Wargrave Residents

Are you looking for work? Want to add qualifications to your CV?

Starting Point is offering a collection of 'New Skills' courses to unemployed people (aged 19+), living in Wargrave. Funded by Wargrave Big Local, the project aims to support individuals to undertake training that will help them progress into employment.



Courses include:

- Digital marketing
- Business start up
- Customer service
- ICT for the workplace
- Health and social care
- Emergency first aid
- Returning to work
- Introduction to counselling
- Customer service
- Food safety
- Interview skills and CV writing

Two further courses in Basic Construction and Hair and Beauty are also available as part of this project, however these courses will be delivered in St Helens. Funding for travel is available.

Our fantastic **Breathe Course** runs on a Thursday morning at Newton Community Centre for help with anxiety, depression or low self-confidence. One person who completed the course says:

"I attended and completed the Breathe course and I would just like to say it really helped me with my confidence and self-esteem, so much so it has given me the confidence to attend the martial art session at Newton Community Centre. I'd been putting off doing them for a year until I did the Breathe course. I was also the victim of ASB which knocked my confidence. I would hide myself away and feel like I was being pushed down all the time, but gaining confidence within myself got me to stand up and I refuse to be bullied anymore. I'm a good person and don't deserve to be treated in that way. It is so empowering feeling in control of your situation and of yourself"

To find out more about Breathe contact **Sarah** on **01744 26414**

Dedicated Wargrave Careers Coach Margaret Mullin will be on hand to help you with identifying the right course for you, along with creating and developing your CV, interview skills, finding work experience and giving you the skills you need to stand out from the crowd. If you are interested in gaining qualifications in any of these areas or just want to know about how Starting Point can help you find work, **call Margret Mullin on 07824 311681**. Alternatively, contact Starting Point on 01744 698800, email info@thestartingpoint.org or visit www.sthelenschamber.com/startingpoint.

Success! In partnership with **Genesis Jobs** we ran an Open Day at Newton community Centre for those looking to work in Hospitality. More than 30 people attended with guaranteed interviews and some going onto further training in this sector, look out for our next employment event!

We now have **Job Clubs** running every Tuesday and Thursday from 1pm-3.30pm at Newton Community Centre, just call in for help with job searches and more.



Big Local Open Day and Barbecue!

Saturday 1st July 2017 2pm to 6pm at Newton Community Centre

We would like to invite all Wargrave residents to join us at our Big Local Open Day and Barbecue.

All children should be accompanied by an adult.

- Free Entry for adults and children
- Free burgers, hot dogs and cold drinks
- Come and see our current partners and projects
- Make a Wish for Wargrave
- Meet the Star Wars Stormtroopers!
- Music by WA12 Radio
- Voxpops
- Free goody bags
- Learn Circus skills!



Energy Switch

Thinking of switching domestic fuel suppliers but don't know where to start? Then come along to our workshop on Tuesday September 5th, 11am to 1pm at the Community Centre. Experts from Citizens Advice St Helens will be on hand to help you through. You could save money! Contact Kevin on **01744 751380** to register your interest for this free to attend event.

New Youth Group

Aged 11-17? Then come along and join the Wargrave Big Local Youth Group, The group meet every 2 week on a Tuesday at 6pm-8pm at Newton Community Centre, a range of indoor and outdoor activities, it's free to attend and snacks and drinks are supplied. Contact Helen on **01744 675574** Come along and see what it's all about! (In partnership with St Helen's Council Youth Service).

Homewatch Meeting

We will be holding a meeting for those who are interested in starting up a Homewatch Scheme in your street. Come along and meet with the Homewatch officer and representatives from the police. It will take place on **Tuesday 27th June at 6pm** in the coffee bar at Newton Community Centre, Park Road South. All are welcome!

Multi-sport Project

Wargrave Big Local are supporting an anti-social behaviour scheme through our community chest fund! Adam Gilchrist will be running sports sessions every **Thursday at 6pm** on the new Vulcan sports site to help combat anti-social behaviour in the area. Louise Forshaw (Chair) says "we want to help young people to stay out of trouble and have activities in the Wargrave area for them to enjoy"





What's On

JOB CLUB

Can we help you into employment? Come along to our Job Club held every Tuesday and Thursday afternoons from 1pm-3.30pm at Newton Community Centre, contact **Sarah-Lou** on **07717816648** or **Roy** on **07341269546**.

BEYOND THE SCARS SUPPORT GROUP

Weekly support group for those who self harm and their families and friends, completely confidential, Monday evenings from 6pm-8pm at Newton Community Centre, contact **Viki** by emailing **vguy@beyondthescars.co.uk** for help or information.

MEN'S GROUP

This group is just for men to discuss the issues that affect them. It will help members work through problems such as anxiety or stress. The group meets every Thursday at 10am at Newton Community Centre, call **Chris** on **07970861062** to find out more.

CITIZENS ADVICE

Fortnightly drop-in sessions at Newton Community Centre on Tuesday afternoons from 1pm-3pm, get help to manage your money.

DOMESTIC VIOLENCE SERVICES

We support victims to stay safe at home, all cases dealt with in the strictest confidence, call **Jo Aston** **01744 417672**.



Get involved and have your say

Community Chest & Community Events!

Tell us about your idea for an event or activity in Wargrave using our **Community Events Form** and we can help you to make it a reality.

Grants are also available of up to **£500** for projects and groups using the **Community Chest Form** application.

Forms are available to fill-in on our website:

www.wargravebiglocal.co.uk



Don't Forget

Visit us on Facebook, Wargrave Big Local and share our posts on your wall, keep track of what's happening via Twitter **@blwargrave** or email, call, post or fill-in our website contact form: letters can be left at the office at Newton community centre, park road south, marked Wargrave Big Local.

Try this fantastic summer pudding trifles recipe for a delicious dessert

Ingredients:

- One punnet of raspberries
- One madeira loaf cake
- Pot of cream
- Icing sugar

1. Set half the raspberries aside. In a bowl, roughly mash the remaining raspberries with the sugar. Cut a Madeira loaf into 12 slices, then use a round cutter to cut out rounds of the cake to fit 4 serving glasses. Beat a pot of clotted cream until slightly thickened.
2. Layer up the trifles in glasses starting with a slice of cake, then some cream and some mashed raspberries. After the final slice of cake, spread over some cream and top with whole raspberries. The trifles can be kept in the fridge for a couple of hours. Dust with a little icing sugar before serving.



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